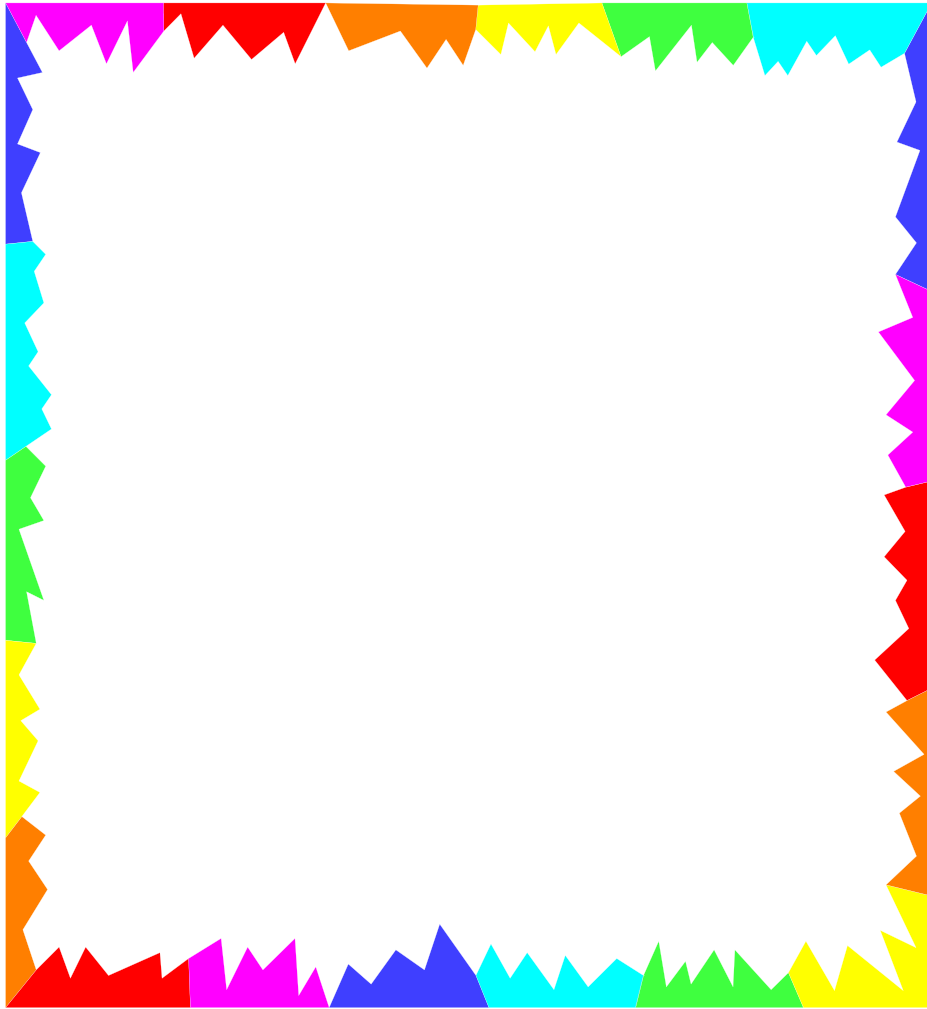


My Very Own:

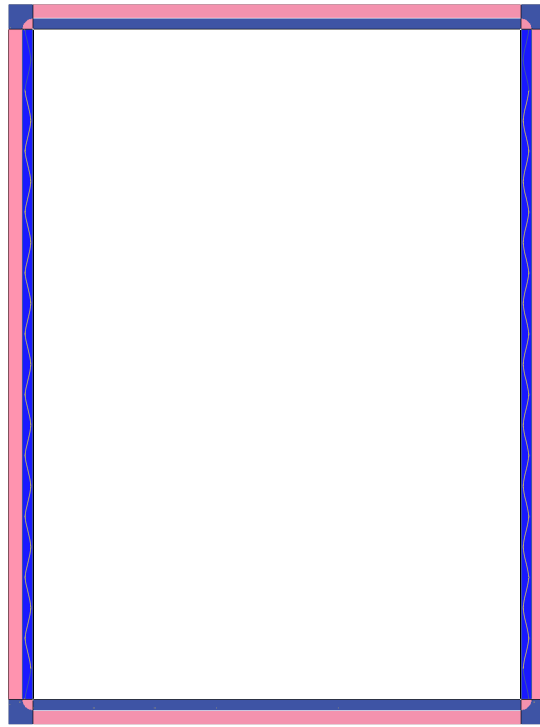


I can do it story!

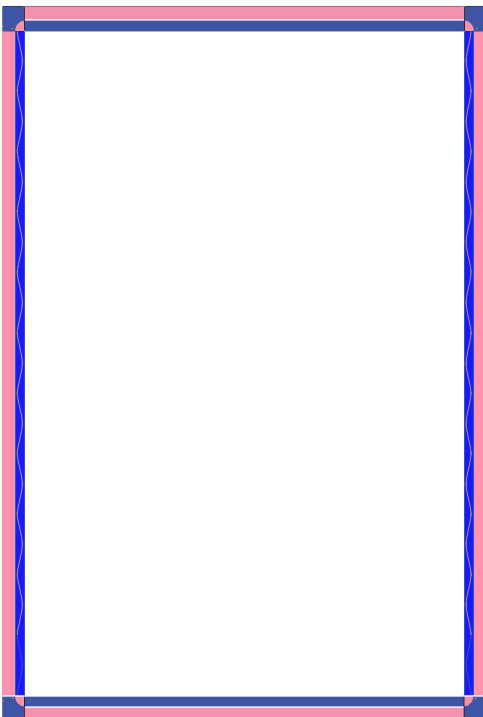
starring: ME!!

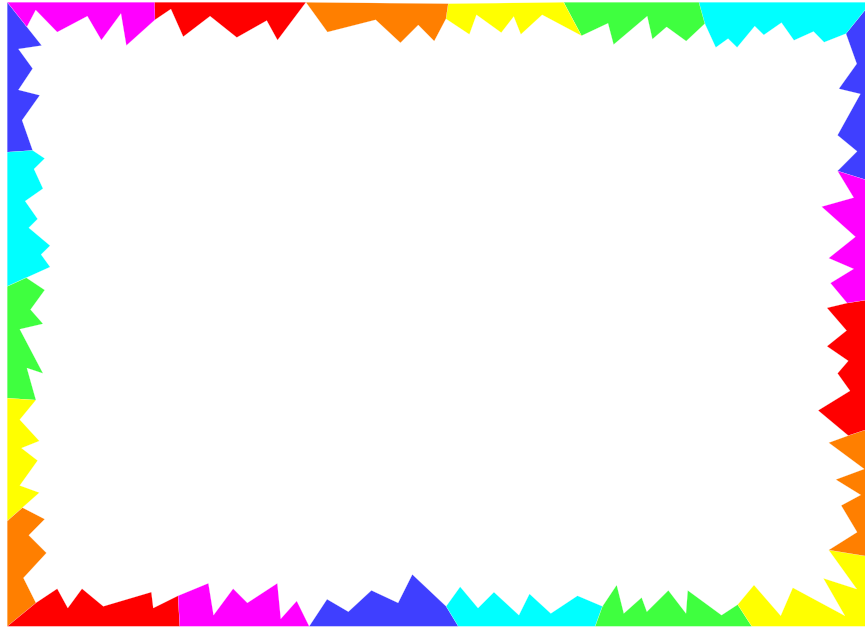


Hi my name is _____, I
am _____ years old and I
love my _____. I know
how to do a lot of things, some are
easy and some are hard. Some
things I'm just learning to do and
sometimes I need a little help, but
that's OK because I'm just learning!!

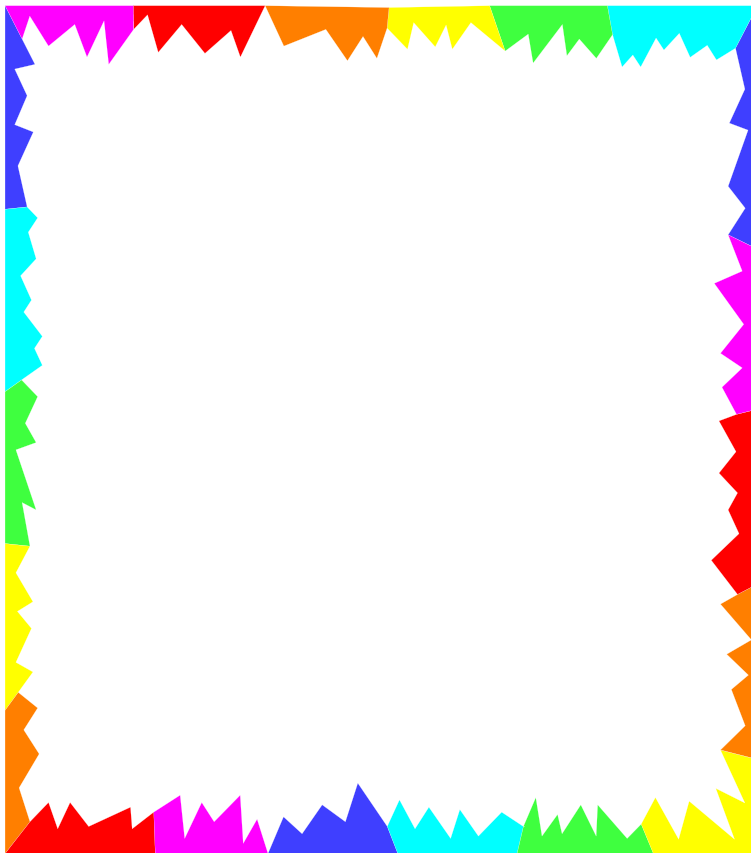


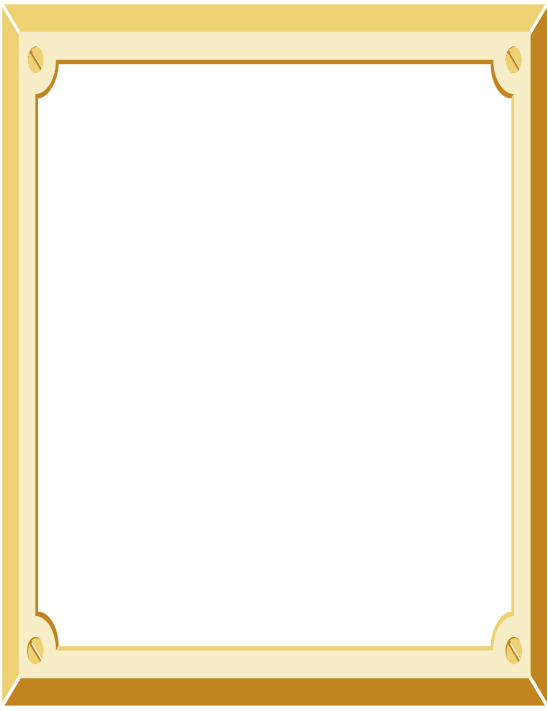
I can ride on a swing if somebody pushes me. I can go down a BIG slide by myself, but I need a little help climbing up the ladder and I can hang on the monkey bars if somebody holds on to me! I like to have fun!





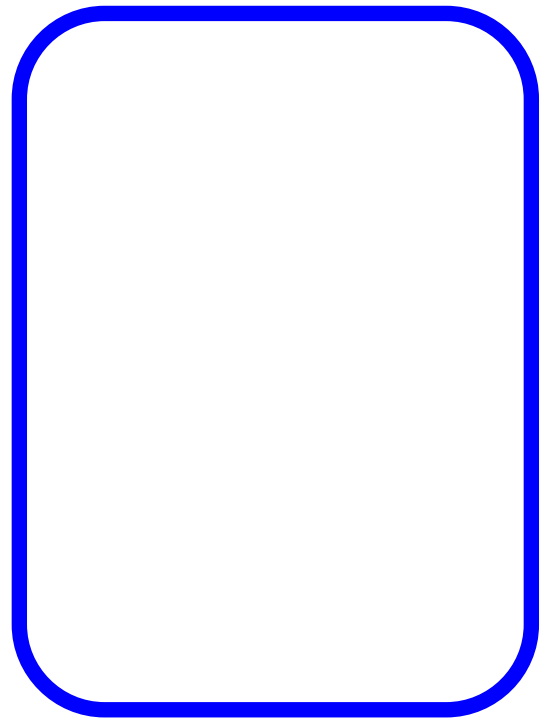
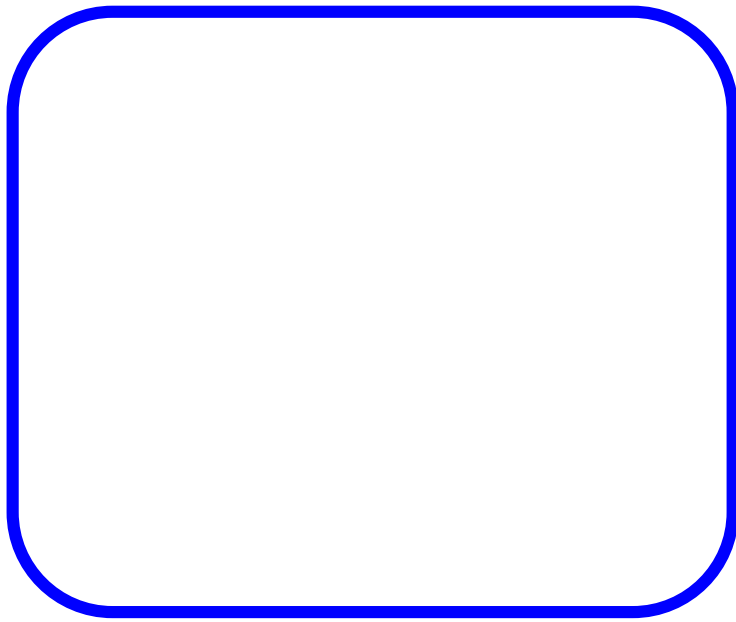
I'm just learning how to drink from a big kid's cup. Sometimes I spill a little but that's no big deal to me. I'll just keep on trying!



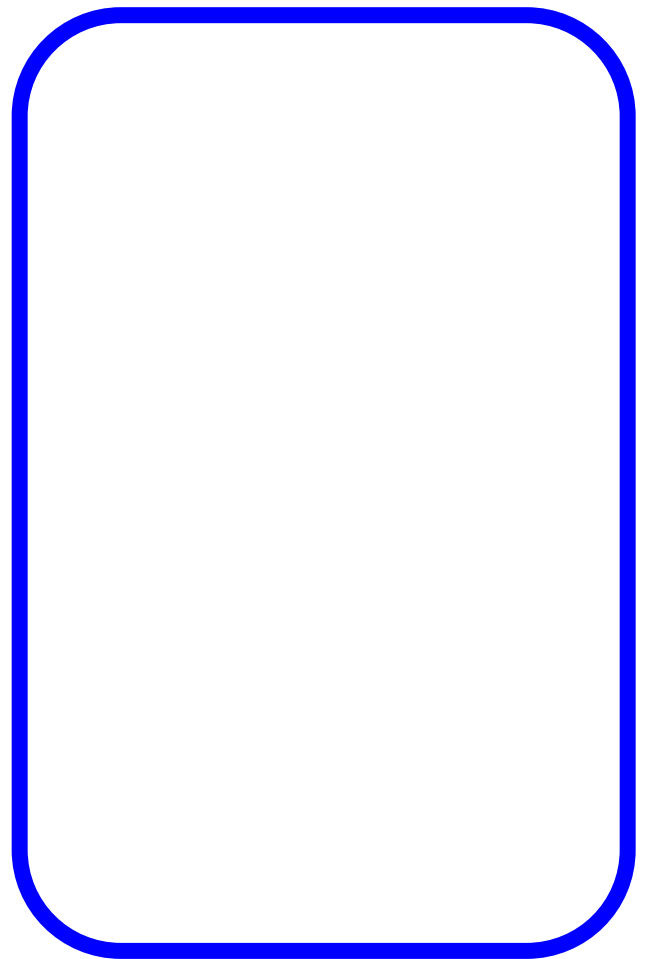


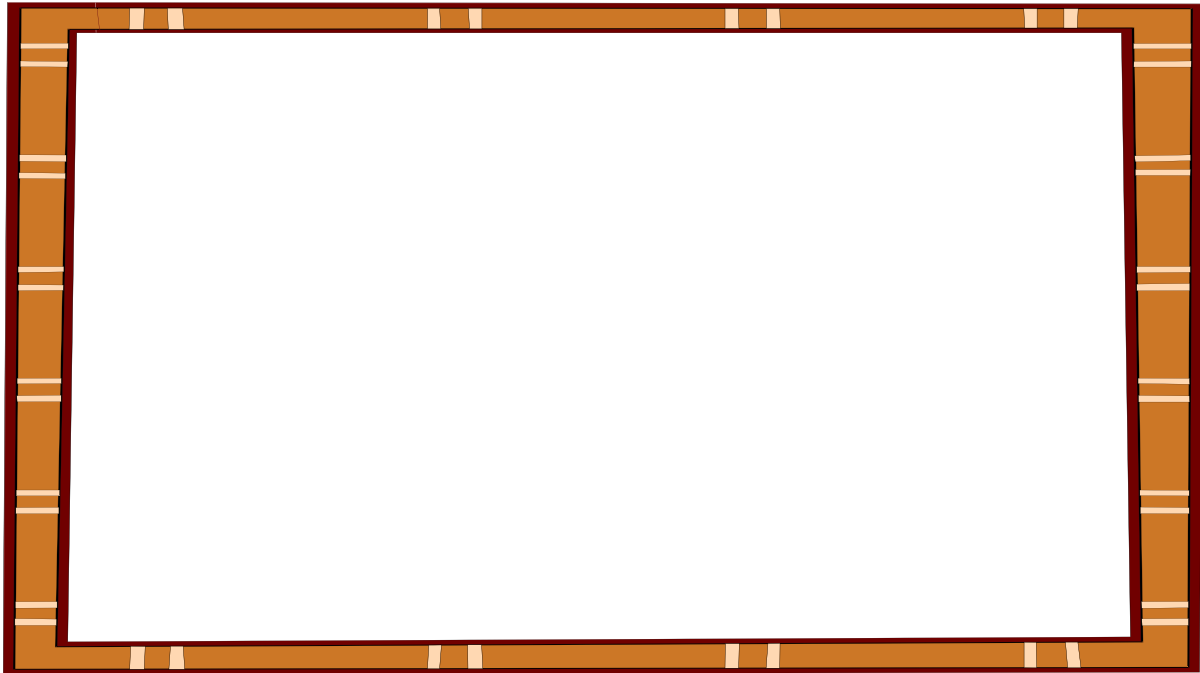
I can turn on the lights by myself, I can stick out my tongue by myself. But when I go swimming, I need a little help. I wear floaties and a grownup has to help me. But that doesn't bother me, because I'll just keep on trying!



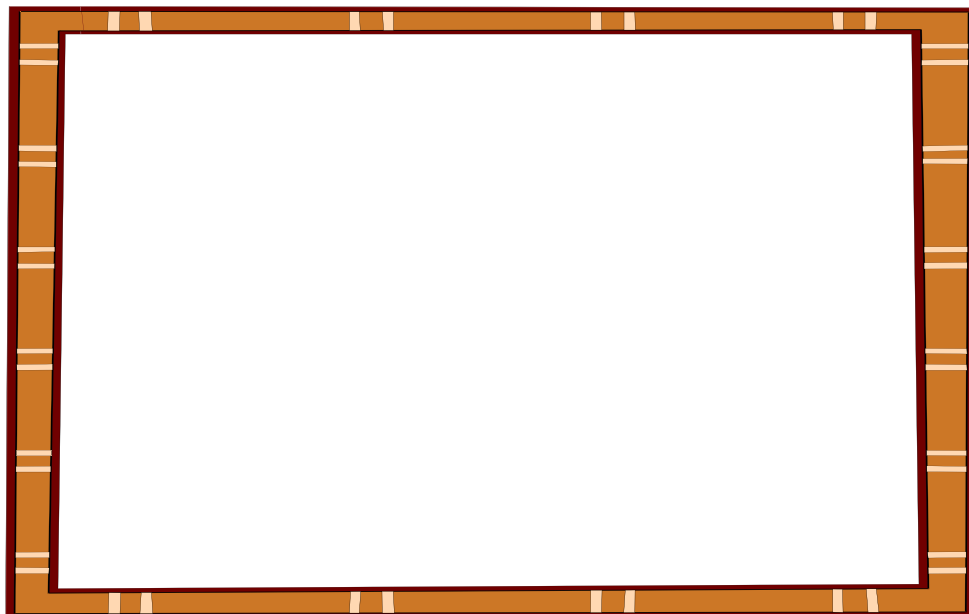


I can brush my hair by myself. I can open the door by myself, but I'm just learning how to put on my shoes. Sometimes they get stuck and I need a little help. But that's no big deal to me! I'll just keep on trying!





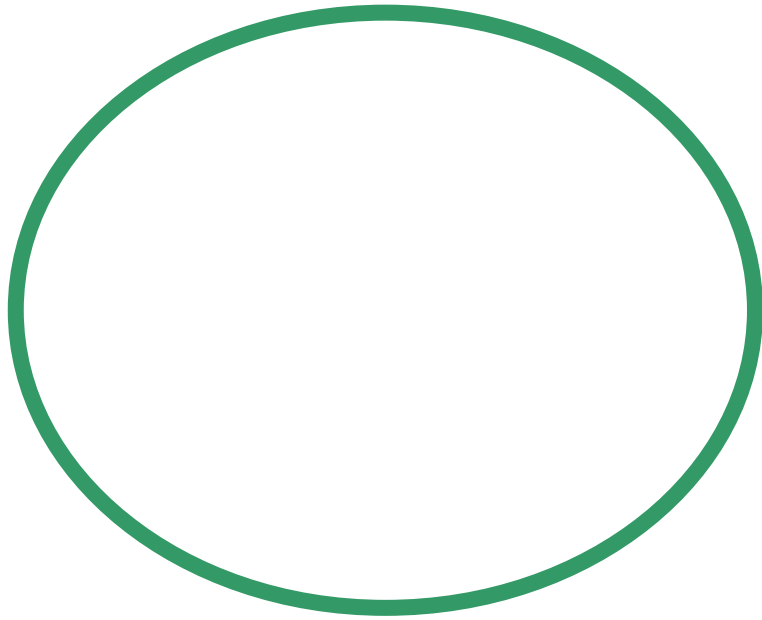
I'm also just learning how to get dressed by myself. When I was a baby my parents had to dress me. But now, I can pick out my own clothes and I can try to put on my pants and shirt. Sometimes they get stuck or go on backwards and I need a little help. But guess what? It's no big deal to me...I'll just keep on trying and pretty soon I'll get it!



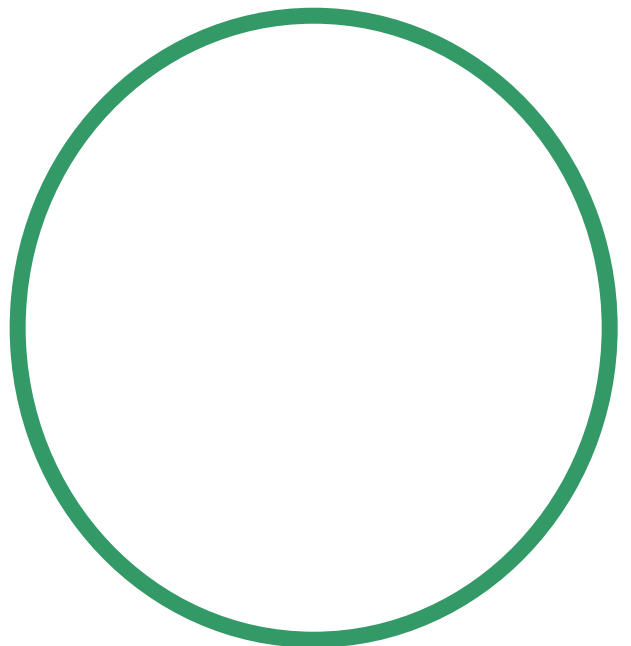
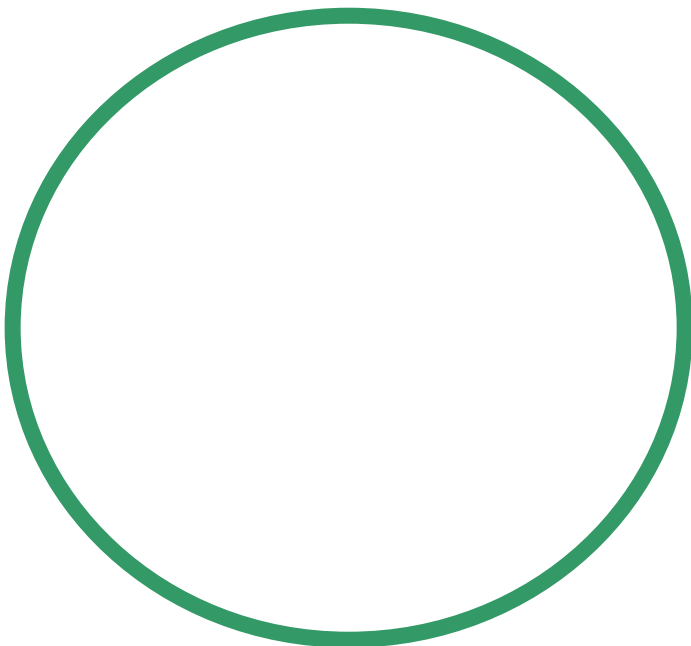


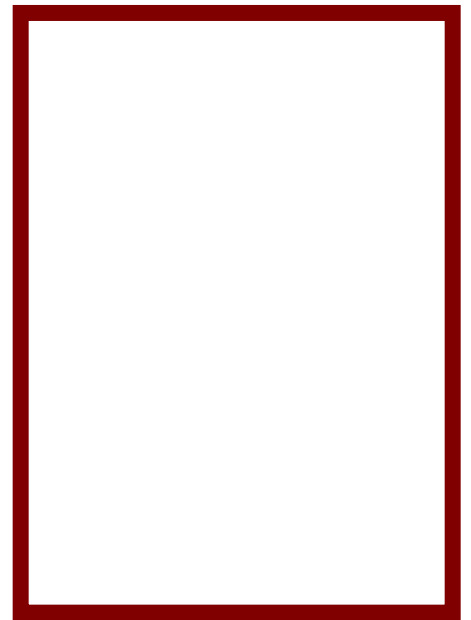
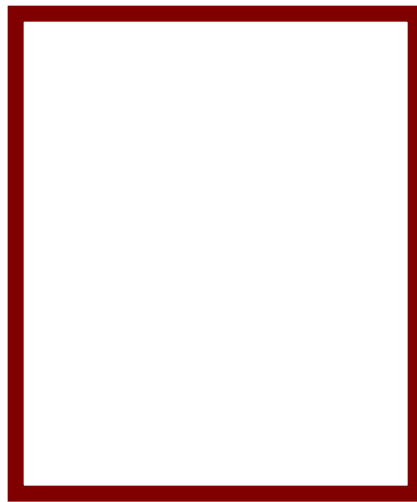
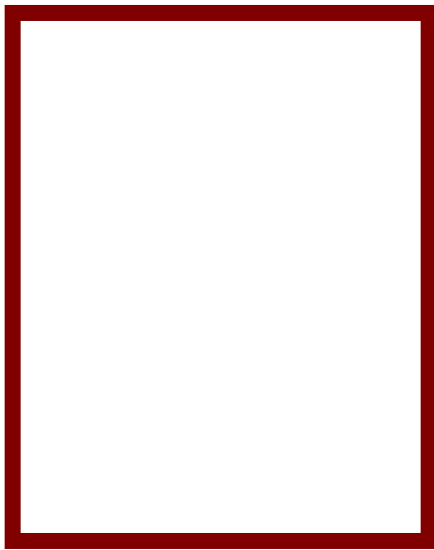
You know what else I'm learning to do? I'm learning how to talk about ALL my big ideas! Sometimes my words are a little tricky and they get stuck or come out bumpy. But guess what? That's no big deal to me either! I'll just keep on talking because I have got a LOT to say!!!





Another cool thing I'm learning how to do is to brush my teeth. I do a pretty good job, but I need a little help to get the toothpaste on the brush and to get my teeth really clean. My dentist says it's important for my teeth to be really clean. Even though I need a little help, I'll just keep on trying and pretty soon I'll be able to do it all by myself and I will be SO proud!





It's fun to be _____ years old; there are so many things to learn to do! And just remember one thing, if something is hard or you need help, don't worry about it, just keep on trying and pretty soon you will get it!! Always remember to have fun and keep on talking!

